



Supermarine Rugby Club Code of Conduct - Players

The following "Codes of Conduct" have been drawn up and put in place in order to help the Club to achieve one of its prime objectives, "to promote the enjoyment of the game of Rugby Union". They are also designed such that the Club's reputation is enhanced by its players and supporters - if players, coaches and parents/spectators adhere to the principles of these codes, everybody will benefit in the long run.

- Play the game because you enjoy it, not just to please your coach or parents.
- Be respectful to and listen to your coach(es) - he/she/they give up a lot of their own free time voluntarily to help you improve your ability to play and enjoy rugby, and they usually know more about the game than you do.
- Remember that rugby is a team game - work as hard as you can for all your team-mates and enjoy success together. A team which plays for each other as a team will always overcome a group of individual "prima donnas".
- Never be critical a team-mate if he/she makes a mistake - didn't you ever make one?? Encourage them to forget the incident and get on with the game - be positive.
- Never ridicule the achievements or failures of another team - there are lots of reasons why one team may not be as successful as your own, but all the players will have given their best so deserve praise not condemnation.
- Always play by the Laws of the Game - if you don't know the Laws ask your coach
- Control your temper; channel your aggression into playing rugby hard but properly and within the Laws.
- Never "mouth off" at anybody, the opposition or the match officials.
- Never argue with the referee's decision, he/she has a very difficult job and will have a good reason for every decision, but will never be able to see everything that happens on the pitch. Your captain may seek clarification from the referee on the pitch, and your coach can discuss the match with the referee afterwards - leave it to them.
- Treat all players, your own and the opposition's, as you would expect to be treated yourself - remember, everybody is there for the same reason, to play rugby safely and to enjoy doing so.
- Always be a good sport, applaud good play by your own team and the opposition.
- Always respect your opposition before and during the game and clap/cheer them from the pitch after the match, win or lose.
- Co-operate with your coach, your team-mates and opponents - without all of them you won't have a game.
- Always remember when you play, home or away, that you are representing all of Supermarine Rugby Football Club, not just your own team. You have responsibilities to all the members of the whole club - behave accordingly.
- If you are asked to help out around the club - your club - make every effort to do so willingly and with good humour.
- Win with grace, lose with dignity - most of all enjoy it!!

